



REEL RECOVERY  
**AUSTRALIA**  
*Be Well! Fish On!*  
www.mendingcasts.org



## REEL RECOVERY: FREE FLY-FISHING RETREATS FOR MEN WITH CANCER

Reel Recovery is a national not-for-profit program run by Mending Casts Inc. which conducts free fly-fishing retreats for men recovering from all forms of cancer. Combining expert fly-fishing instruction with directed Courageous Conversations, the organization offers a unique experience for men with cancer; a time to share their stories, learn a new skill, form friendships and gain renewed hope as they confront the challenges of their recovery.



Retreats are conducted over a two-and-a-half-day period at accommodation with onsite or nearby fishing access. All meals, lodging and fly-fishing equipment are provided at no cost to the participants. Retreats are led by trained facilitators and expert fly-fishing instructors. A maximum of 12 men are invited to participate to maintain the quality of the instruction and to create a powerful small group dynamic.

*"I had given up and wanted the cancer to take me. This experience has been life changing and I don't want to be isolated anymore. I have rediscovered myself through fly-fishing and want to keep going."*

Allan, participant – Omeo 2021



*"I just completed my Reel Recovery program...I genuinely feel that the bonding I experienced with a top group of guys has lifted a heavy weight off my shoulders. Huge "Thank You" to all staff, volunteers and buddies who made sure we were not wanting for anything. Amazing accommodation and most informative. I am so thankful to have been able to be a part of this amazing program...a time which I will cherish forever."*

Furio, participant Marysville 2022



### GOALS:

- Provide a safe, reflective environment for the participants to discuss their cancer experience with other men who have gone through it too, thereby providing support and information to help them in their recovery.
- Provide introductory fly-fishing instruction which enables the participants to learn a new skill, form a healing connection with nature and participate in a sport they can continue throughout their recovery and lifetime.

If you would like to be a participant or volunteer, please

contact us at: [admin@mendingcasts.org](mailto:admin@mendingcasts.org)  
[www.mendingcasts.org](http://www.mendingcasts.org)  
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