



## MARYSVILLE RETREAT

APRIL 22-23-24th 2024

### FREE FLY-FISHING RETREAT FOR MEN WITH CANCER

Reel Recovery is a national non-profit program run by Mending Casts Inc that conducts free live-in fly-fishing retreats for men living with all forms of cancer. Combining expert fly-fishing instruction with directed group “courageous conversations”, the retreat offers a unique experience for men to share their stories in a supportive environment, learn a new skill in a natural outdoor setting, form new friendships and gain renewed hope as they confront the challenges of recovery.



*“This was the best time of my life!  
It’s by far the best thing out there for men with cancer.”*

Retreat Participant

#### OUR GOALS

- **Provide introductory fly-fishing instruction** that enables the participants to learn a new skill, form a healing connection with nature, and participate in a sport they can continue throughout their recovery and lifetime.
- **Provide a safe, reflective environment** for the participants to discuss their cancer experience with other men who have gone through it too, thereby providing support and information to help them in their recovery.

Retreats are conducted over a two-and-a-half-day period.

**All meals, lodging and fly-fishing equipment are provided at no cost to the participants.** Retreats are led by trained facilitators and expert fly-fishing instructors. A maximum of 12 men are invited to participate, to maintain the quality of the instruction and to create a powerful small-group dynamic.

Participants must complete an application form and provide a medical clearance to attend. Transport is not provided, so participants must make their own way to and from the retreat.



*“I discovered that while fly-fishing, I was in another place. In this place there was no cancer, no pain and no fear.”*

Retreat Participant

*“This retreat was so much more than fishing; this was a life-changing experience.”*

Retreat Participant

**If you would like to be a participant or become a volunteer, please contact us.**



Mending Casts Inc. email : [admin@mendingcasts.org](mailto:admin@mendingcasts.org)  
web : [www.mendingcasts.org](http://www.mendingcasts.org) <https://www.facebook.com/reelrecoveryaus>

